How restorative am I?

In the wake of an incident with a student:

* did I remain calm and respectful during the dialogue?
* did I *truly* listen? Hear them out without interrupting? Did *they* feel listened to, that it was a fair conversation?
* did we both end up understanding the motivation/intention behind the behavior?
* did the student understand why he/she is “in trouble”? What rule has been broken? What the purpose of the rule is?
* did I explain what the school values are around the issue?
* did he/she come to understand the damage they have caused – who has been harmed, and how?
* did I talk about how it is for *me*?
* did I take any responsibility for any part I may have had for what went wrong and did I acknowledge that? Did I apologise?
* if there is an apology to me, did I accept it with grace?
* was there a plan made? Have I agreed to help?
* has the relationship with this student been repaired?
* have I, at any stage, asked for someone I trust to observe my RP practice and give me honest feedback?
* do I try to handle most issues/incidents myself or do I rely on others to “fix” things for me?
* could I have handled this differently?