### Exploring China's Past and Present

A private tour designed by Robert Percival, in conjunction with EF Customized Tours

**Requested departure date:** Thursday, March 13, 2014

(Dates below are subject to change. Required date flexibility of 2 days on either side of requested departure date)

<table>
<thead>
<tr>
<th>Day</th>
<th>Thursday, March 13, 2014</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Day 1</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Board your overnight flight to Beijing!</strong></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Day</th>
<th>Friday, March 14, 2014</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Day 2</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Arrive in Beijing</strong></td>
<td></td>
</tr>
<tr>
<td>Touch down in Beijing! Recall that it was in this city that Chairman Mao proclaimed the People’s Republic of China in 1949. Meet your bilingual Tour Director who will remain with you throughout your stay.</td>
<td></td>
</tr>
<tr>
<td><strong>Overnight in Beijing</strong></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Day</th>
<th>Saturday, March 15, 2014</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Day 3</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Morning Tai Chi Exercise</strong></td>
<td></td>
</tr>
<tr>
<td>Start your day as the locals do: with a gentle series of stretching exercises in a local park led by an experienced practitioner.</td>
<td></td>
</tr>
<tr>
<td><strong>Guided Sightseeing of Beijing</strong></td>
<td></td>
</tr>
<tr>
<td>An expert local guide introduces you to the Chinese capital, a treasure chest of imperial monuments. This ancient city first received its modern name when it became the capital for the second time in Chinese history in 1402 (“Beijing” means “Northern Capital”). See Tiananmen Square (the Gate of Heavenly Peace), the largest public square in the world. Visit the Forbidden City (Gugong), once accessible only to the Emperor. Get a close-up look at the golden-roofed Imperial Palace, one of the world’s greatest architectural achievements. Hundreds of thousands of workers labored on the construction of this palatial complex during the Ming Dynasty. It was later removed during the 18th century (Qing Dynasty). Although situated in the very heart of Beijing, the Forbidden City is surrounded by both a moat and a protective wall. The emperors who once resided here often spent their entire lives within the complex - it was not until 1949 that a “commoner” set foot inside the area.</td>
<td></td>
</tr>
<tr>
<td><strong>Visit the Summer Palace</strong></td>
<td></td>
</tr>
<tr>
<td>Formerly a summer palace for feudal Emperors, the Summer Palace is a magnificent example of China’s classical garden architecture. The Palace grounds were originally divided into three sections, one for court activities, one for imperial residence and one for sight-seeing. The Long Corridor, the Paiyun (Cloud-Dispelling) Hall, the Temple of Buddhist Virtue, the Marble Boat, the Xiequ (Harmonious -Interest) Garden, the Zhichun (Spring-Heralding) Pavilion, and the Seventeen-Arch Bridge are the palace’s main attractions.</td>
<td></td>
</tr>
<tr>
<td><strong>Overnight in Beijing</strong></td>
<td></td>
</tr>
</tbody>
</table>
Excursion to the Great Wall of China
Travel north to Badaling to view one of the wonders of the world: the Great Wall of China. Its construction began in the 5th century B.C. as a defense against the Mongols: 300,000 people (many of whom are buried in the wall) labored on it over several centuries. Today the wall extends across mountains and valleys for more than 3,000 miles, but many argue that it is currently only one-tenth of its original length! In fact, if one were to take all of the stone used in the Great Wall’s construction, one could build another wall - 8 feet high - around the entire globe.

Hutong Tour in a Rickshaw
Explore the city with a rickshaw ride through the lanes of Old Beijing. Follow the Hutong, which were built around the Forbidden City during the Yuan, Ming, and Qing dynasties, as you see where both the aristocrats and others lived during these ancient times. You will stop at the Drum Tower, which was built in 1272 during the Yuan Dynasty and Prince Gong’s Mansion. Built in 1777-1787, it was home to one of Emperor Qianlong’s favorite ministers.

Dinner with a Local Family
Peek into the daily life of a typical Chinese family. Tonight you will learn and enjoy the art of Chinese cooking during a visit to a local household.

Optional Kung Fu Show
Prepare to be amazed as you take in this dance spectacular. Telling a story through a mixture of Kung Fu, dance and acrobatics, this show combines ornate costumes, vibrant set design and gravity-defying Kung Fu moves sure to impress.

Overnight in Beijing

Day 5
Group Leader Arranged Activities
Today, Professor Percival has arranged for some course-related activities for the group.

Overnight in Beijing

Day 6
Flight to Qingdao
Fly to Qingdao, a major seaport city located in the eastern Shandong Province right on the Yellow Sea. Here you can find the Qingdao Bridge, the world’s longest sea bridge, that crosses the Jiaozhou Bay.

Group Leader Arranged Activities
This afternoon, Professor Percival has arranged for some course-related activities for the group.

Overnight in Qingdao

Day 7
Group Leader Arranged Activities
Today, Professor Percival has arranged for some course-related activities for the group.

Overnight in Qingdao
Day 8
Thursday, March 20, 2014

Flight to Shanghai
Fly to Shanghai, China’s largest and most cosmopolitan city. Shanghai (meaning “up from the sea”) has been an important port since the Opium War. Recall that it was in Shanghai that China’s Communist Party – and later the Cultural Revolution – first originated.

Visit the World Financial Center
Today you will visit the second tallest building in the world. It is a mixed use skyscraper which consists of offices, hotels, conference rooms, observation decks, and shopping malls on the ground floors. The highest view is at 474 m (1,555 ft) above ground level. It continues to have the tallest observation deck in the world.

Visit the Bund
The Shanghai Bund has dozens of historical buildings, lining the Huangpu River, that once housed numerous banks and trading houses from the UK, France, US, Italy, Russia, Germany as well as the consulates of Russia and Britain, a newspaper, the Shanghai Club and the Masonic Club. A building boom at the end of 19th century and beginning of 20th century led to the Bund becoming a major financial hub of East Asia, considered the "Wall Street of the East". Enjoy beautiful views of the city as you walk along the landscaped promenade overlooking the water.

Acrobatic Show
Enjoy one of China’s most well-known theatrical experiences, as you attend an evening performance of an acrobatic show.

Overnight in Shanghai

Day 9
Friday, March 21, 2014

Group Leader Arranged Activities
Today, Professor Percival has arranged for some course-related activities for the group.

Overnight in Shanghai

Day 10
Saturday, March 22, 2014

Guided Sightseeing of Shanghai
Your tour begins in the heart of the city with a visit to the Bund (once considered the “Wall Street of the East”), a beautifully landscaped promenade overlooking the waterfront. You will also view the Jade Buddha Temple; the extraordinary Buddhas you see here (each sculpted from a piece of white jade) were brought from Burma by a Chinese monk in the last century. Continue on to the glorious Yu Garden, a showplace of classical Chinese landscaping dating back to 1537. As you stroll along its winding paths, past goldfish ponds, shrubs and pavilions, note that the Chinese consider gardening a complex art form in which the challenge is to construct an entire world in miniature using minerals, plants, and animals in a limited space. Then spend time admiring the crafts and delicacies in the interesting shops that line colorful Nanjing Road.

Overnight in Shanghai
Transfer to the Airport for Your Return Flight
Your tour director assists with your transfer to the airport, where you’ll check in for your return flight home.

*Itinerary is subject to change*

For complete financial and registration details, please refer to the Booking Conditions at [www.eftours.com/bc](http://www.eftours.com/bc).
Tour Highlights and Details

Overnight stays:
Beijing (4)
Qingdao (2)
Shanghai (3)

Comprehensive sightseeing tours led by an expert local guide of the following:
Beijing
Shanghai

Entrances included to the following sites:
Tiananmen Square
Forbidden City
Summer Palace
Taiji Exercise in Park
Great Wall of China, Badaling
Hutong Tour in a Rickshaw
Shanghai World Financial Center
The Bund
Acrobatic Show, Shanghai
Jade Buddha Temple
Yu Garden

Optional Excursions:
The Legend of Kung Fu $35

Optional excursion prices are based on 20 paying participants and may be purchased until 50 days prior to departure or on tour at an increased price. The prices of optional excursions are subject to change.

Included in the Program Price:
- Round trip airfare and departure fees
- Transfers to and from the airport and hotel and between destination cities (as per program itinerary)
- Overnight in hotels with private bathrooms
- Continental breakfast daily
- Dinner daily
- Full-time services of an EF Tour Director

Not included in the Program Price:
- Customary gratuities for your tour director, local guide and driver
- Porterage
- Personal Insurance
- Beverages and lunches
- Public transportation to free time activities